



# Shishito

*Capsicum annuum*



- A small, sweet pepper with mild, rich flavor and the occasional hot pod.
- Early and prolific with a compact growth habit, good for container gardening.
- Fruits grow to about 3" long and are excellent for tempura, yakitori, and sautéed.
- Mild heat level

[Link to Shishito Seed](#)



## Pepper Garden Surprise Lasagna

Recipe found in: *The Official Cookbook of the Chile Pepper Institute*, page 135.

Discover a delightful twist in our Pepper Garden "Surprise" Lasagna. Shishito peppers add a burst of unexpected flavor to this classic dish, layered with rich marinara, creamy ricotta, and melted mozzarella. Tender noodles and sautéed shishito peppers, known for their mild heat and sweet, smoky taste, elevate traditional lasagna to a new level. Perfect for family dinners or special occasions, our "Surprise" Lasagna offers a delicious and refreshing culinary experience.

[Link to The Official Cookbook of the Chile Pepper Institute](#)



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